

PRESS BOOK

# FESTIVAL du FÉMININ

A transformative journey  
for women by women

*« An essential experience  
for a woman, to live and share ! »*

[www.festivaldufeminin.com](http://www.festivaldufeminin.com) - 1

FESTIVAL DU FÉMININ • EPIPHENOMENA • [delphine@festivaldufeminin.com](mailto:delphine@festivaldufeminin.com)



# THE SPIRIT



A soulful link is weaved between all the women building connections and community and uniting around the Festival du Féminin worldwide.

*« Just like the tide, or like breath, a woman can be moved by the challenging desire to explore the shadow and light parts in herself, to heal her wounds, to reinvent herself and to reinvent the world.*

*The Festival du féminin is a women-only festival. It brings together a large tribe of women and gives them powerful opportunities to share and celebrate precious moments on their inner path. Each of them carries her peculiarity. »*

# THE CONCEPT

- An event fully dedicated to women
- A time and place devoted to the exploration of the feminine
- More than 30 workshops where participants can discover and experiment practices, processes and explore women related topics
- Hosting an array of experienced workshop facilitators
- A major place given to arts, body-mind experience, women's personal growth, healing arts and spirituality
- Celebration evenings
- Red Tents and women circles
- Time for meeting each other and sharing



# INTERACTIVE WORKSHOPS



Immersive and experience orientated.



# PARTICIPATE TO A RED TENT



Festival participants have the opportunity to participate to a **Red Tent**. A Red Tent is a space dedicated to women.

The concept comes from a novel written by american author Anita Diamant. According to Valérie Dupin, co-founder of Doulas de France, the Red Tent symbolizes a place where women meet once a month when they have they menstrues and take care for each other. This story is a fiction but the description is based on various traditions of women circles or gynaecea, like Moon Lodges. The confidentiality of their sharing is ensured.

The small group of women (a maximum of 8) listens and shares personal experience on turn.

Most of the RED TENTS proposed in France are held by Doulas de France.



# THE ADVENTURE OF THE FESTIVAL

Contemporary women thirst for sense and freedom. They long for a sweet harmony of Yin-Yang, dancing with polarities and participating to the re-enchantment of the world. They are questioning what a woman is and what her place in society is. They are looking for the access to their femininity and pleasure, their creativity and blooming of the self. They still face all kinds of taboos. Since March 2012, through the development of its epiphenomena, the adventure of the Festival du féminin is bringing them answers and matching to their true aspirations while creating a web of friendship, encounters and experience.

In order to allow women participants to access their deeper being with no stakes, the event is wholly dedicated to women. A 2 or 3 day schedule is designed to facilitate a transformative and empowering journey. Workshops led by experienced women presenters invite participants to venture various explorations involving body sensations, sensoriality, vulnerability, as well as ankering, integration, power and chaordic harmony.

## How the Festival is born

The Festival du Féminin is born in Paris. It was created on the initiative of the team of Centre Tao Paris<sup>(1)</sup>, a contemporary dojo dedicated to « body ecology », martial arts, and transformative activities.

The first edition was held in March 2012. Deeply touched and moved by the enthusiasm raised by the first edition, the team has launched the concept

of Festival « epiphenomenon » A Charter of commitments was created to preserve the soul of the Festival and its « magic recipe ».

The name has been registered as a trademark with INPI to be protected. From this moment on, the team of co-founders have committed themselves to support the organizers of Epiphenomena and give them access to their recognized expertise and bring their communication network. Agnès Delpech<sup>(2)</sup> who lives in Dordogne (southwest of France), is the first woman who embraced the adventure. A short time later, the Festival crossed the Atlantic to reach the land of Quebec, thanks to Sylvie Bérubé, Nathalie Picard and l'École Internationale du Féminin Sacré<sup>(3)</sup>. In this same way, many other Festivals epiphenomena are born and blossoming in the world. All nourished by a same spontaneity, sensitive heartfelt urge full of generosity and commitment.

Caring keepers and co-ordinators of the Festival du féminin, the team of co-founders, supported by all the organizers of Epiphenomenon, facilitate the radiance of the Festival du féminin, in order to promote, accompany and transmit to future generations the diversity and the riches of the feminine.



(1) Delphine Lhuillier, Cécile Bercegeay, Christine Gatineau, Marie-Aliette Delaneau et Sandrine Toutard : [www.centre-tao-paris.com](http://www.centre-tao-paris.com)

(2) [www.femininaupaysdelhomme.com](http://www.femininaupaysdelhomme.com)

(3) <http://femininsacre.com>



# EPIPHENOMENA



Our logo and all Festival posters designed by Imanou Risselard.



In the field of science, a epiphenomenon is a phenomenon of which we assume that we can see only a small part of what is really at work. A seed sown once in Paris is germinating worldwide.



# WORLDWIDE RADIANCE

BANGKOK TOULON ARIZONA  
MONTREAL NEW CALEDONIA BRUSSELS  
AUROVILLE VOSGES  
TOURAINÉ BOGOTA  
RENNES AIX-LES-BAINS  
PÉRIGORD GUADELOUPE





# OFFICIAL WEBSITE



- UPCOMING FESTIVALS : all the dates
- FLASH NEWS : selection of news and issues dedicated to women
- GALLERY : artists, exhibitions, pictures
- E-SHOP : a selection of books, magazines, gifts and various items
- BILINGUAL: French / English

[www.festivaldufeminin.com](http://www.festivaldufeminin.com)



# FACEBOOK PAGE



All Festival  
du Féminin news  
are announced  
on our Facebook page.

[www.facebook.com/festivaldufeminin](http://www.facebook.com/festivaldufeminin)



# CO-FOUNDERS CONTACT



The co-founders of the Festival du Féminin and co-ordinators of its epiphenomena are :

■ Christine GATINEAU : Website webmaster, Social Media Manager, Volunteer Resource co-ordinator. International development. Email: [chgateau@gmail.com](mailto:chgateau@gmail.com) / phone: +33 6 32 65 81 34

■ Delphine LHUILLIER : Festival Director, programme designer and co-ordinator of Festival epiphenomena and partners. Email: [delphine@festivaldufeminin.com](mailto:delphine@festivaldufeminin.com) / phone : +33 6 64 49 25 05

■ Cécile BERCEGEAY : Public Relations and Communication. Email: [cecile@centre-tao-paris.com](mailto:cecile@centre-tao-paris.com) / phone: +33 6 20 89 63 32



# CONTACTS FOR UPCOMING FESTIVALS & EPIPHENOMENA

■ **ARIZONA, US** : from 23 September to 1<sup>st</sup> October 2015. A unique event organized by HO Rites de passage in partnership with Festival du féminin.

Contact : [delphine@centre-tao-paris.com](mailto:delphine@centre-tao-paris.com) / [www.horites.com](http://www.horites.com)

■ **MONTREAL, Canada, 2<sup>nd</sup> edition** : 2-3-4 October 2015.

École Internationale du Féminin Sacré

Contact Sylvie Bérubé and Nathalie Picard :

[info@femininsacre.com](mailto:info@femininsacre.com) / <http://femininsacre.com>

■ **SIORAC-EN-PERIGORD, France Southwest 3<sup>rd</sup> edition** :

16-17-18 October 2015 « La Source des femmes »

Contact Agnès Delpech : [festival24lasourcedesfemmes@gmail.com](mailto:festival24lasourcedesfemmes@gmail.com)

[www.femininaupaysdelhomme.com](http://www.femininaupaysdelhomme.com)

■ **GUADELOUPE, French Antilles, 1<sup>st</sup> edition** :

4-5-6 December 2015 (another date planned for December 2016 in MARTINIQUE)

Contact Valérie Scala : [v.scala@wanadoo.fr](mailto:v.scala@wanadoo.fr) / [www.equilibre.me](http://www.equilibre.me)

■ **RENNES, Brittany France, 1<sup>st</sup> edition** : 5-6-7 February 2016

« Une Terre, des Femmes » / Contact Yveline Héront Baubau :

[uneterredesfemmes@gmail.com](mailto:uneterredesfemmes@gmail.com) [www.uneterredesfemmes.fr](http://www.uneterredesfemmes.fr)

■ **PARIS, France, 7<sup>th</sup> edition** : 11-12-13 March 2016

at Centre Tao Paris / Delphine Lhuillier, Cécile Bercegeay et Christine Gatineau

Contact : [delphine@centre-tao-paris.com](mailto:delphine@centre-tao-paris.com) / [ww.centre-tao-paris.com](http://www.centre-tao-paris.com)

■ **BANGKOK, Thailand, 1<sup>st</sup> edition** : 17-18 March 2016

Contact Sylvie Baradel : [sylviebaradel@yahoo.fr](mailto:sylviebaradel@yahoo.fr)

■ **TOULON, France Southeast, 1<sup>st</sup> edition** : 9-10 April 2016

Contact Valérie Dupont-le-Bars : [v.dupont30@laposte.net](mailto:v.dupont30@laposte.net)

■ **BRUSSELS, Belgium, 2<sup>nd</sup> edition (bilingual French / English)** :

May 2016 (exact date to be confirmed) )

Contact Christine and Vinciane Masure : [thebelles.soeurs@gmail.com](mailto:thebelles.soeurs@gmail.com)

■ **AIX-LES-BAINS, France Southeast, 1<sup>st</sup> edition** : 5-6 November 2016

Contact Monique Grande : [monique.grande@wanadoo.fr](mailto:monique.grande@wanadoo.fr)

■ **AUROVILLE, India, 1<sup>st</sup> edition** : 17-18-19 February 2017

Contact Loli Laurence Viillard and Nirmala Gustave :

[vanakkam.shakti@gmail.com](mailto:vanakkam.shakti@gmail.com)

■ **BOGOTA, Colombia, 1<sup>st</sup> edition** : 28-29 May 2017

Contact Maria-Cristina Olivares : [crisoli774@gmail.com](mailto:crisoli774@gmail.com)

■ **VOSGES, France East, 1<sup>st</sup> edition** : May 2017

(exact date to be confirmed) )

Contact Julie Gille : [contact@sophro88.com](mailto:contact@sophro88.com)

■ **NEWE CALEDONIA, 1<sup>st</sup> edition** : 19-20 November 2016

Contact Stéphanie Prévost : [stephanieprevost02@hotmail.fr](mailto:stephanieprevost02@hotmail.fr)

## PROJECTS

**PICARDIE (France), HOUSTON (US)**



# PARTNERS

**INREES**  
& **inexploré**  
MAGAZINE

[www.inrees.com](http://www.inrees.com)

**femininbio**

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**Terre du Ciel**

cultures et sagesses du monde

[www.terre-du-ciel.org](http://www.terre-du-ciel.org)



**wutao**

[www.wutao.fr](http://www.wutao.fr)

éditions

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LE PREMIER MINDSTYLE MAGAZINE

[www.happinez.fr](http://www.happinez.fr)



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*Rêve de Femmes*

[www.revedefemmes.net](http://www.revedefemmes.net)



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Accompagner la naissance  
<http://doulas.info>

[www.doulas.info](http://www.doulas.info)



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[www.revue-reflets.org](http://www.revue-reflets.org)



<http://femininsacre.com>



<http://sacredlink.blogspot.in>

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