



FESTIVAL
du FÉMININ[®]
les épiphénomènes

Workshops . Red Tent . Celebration evening . Open space

www.festivaldufeminin.com

FESTIVAL du FÉMININ

*A transformative journey
for women by women*

BRUXELLES

13-14 June 2015

thebelles.soeurs@gmail.com

www.festivaldufeminin.com

creation : Imanou

« If you don't go into the woods, nothing will ever happen, you will never start living. Go into the woods. Go». Clarissa Pinkola Estes, *Women who run with wolves*.

With her books, Clarissa Pinkola Estes invites us to be Feminine, to feel it and live it fully, with courage and boldness, which is to say with wisdom. It's in the lineage of Clarissa Pinkola Estes that the beautiful Women from Centre TAO in Paris have created the Festival du Féminin. The Festival is all about sharing emotions between sisters. During one full week-end, women explore their beauty, their creativity, their strength and their weaknesses, their power and their sensitivity.

A bold woman is alive because she expresses all aspects of her personality and dares to go in search of her inner feminine nature; she is then able to express it into the world in a harmonious and fulfilling manner.

We invite you in the warmth of a familial cocoon, in the green heart of an eco-house, the Centre Pérou, to take part to this adventure of the Festival du Féminin and to discover during two days what makes you a unique Woman; you will experiment your inner beauty, your inner feminine nature; you will (re) connect with your body; and you will finally become fully conscious of the fact that you have enough strength and courage inside of you to realize all the projects and dreams you may have.

Program

The theme of the Festival is « Audacity » : daring to be sensual, daring to be a mother, daring to be you, daring to jump and start living the life you want...Come and meet with your true self. Come and enjoy the intimacy of a sisters' circle to share your emotions in full trust. For its first time in Brussels, the Festival will transform itself into an intimate cocoon where you will be able to share feelings, dreams, and projects with your fellow participants, as well as with the professionals speaking during the week-end. All the workshops and conferences will be simultaneously translated into English. You will also have the possibility to enjoy massages and healing treatments (neck massage, reflexology, auto-massage...): during all week-end, every 15 to 30 minutes, you will be able to register for a massage or a specific healing treatment, which will allow you to deepen your connection with your body and yourself.

Do not miss as well the Red Tents which will be organized Saturday and Sunday morning. Please kindly note that places are limited. We encourage you to register in advance.

And many more surprises and celebrations are waiting for you during this amazing week-end...

The organizing team

The Ladies from Centre Tao in Paris have given us their full trust to organize the first bilingual (French-English) edition of the Festival du Féminin in Brussels. We want to express our deepest gratitude towards these amazing women: it's when other women, sisters, believe in you and in your creative power that anything becomes possible. We already share the deepest bond of sisterhood. But organizing the Festival du Féminin in Brussels has even deepened this sacred link in a beautiful way.

We also have the pleasure and honor to welcome exceptional professionals coming from France, Italy, India and of course Belgium! We also would like to give a warm thank you to our volunteers and media partners for their constant help and support all along the organization of the Festival.

We are very much looking forward to welcoming you for this magical event which is part of a bigger international calling to awaken the sacred Feminine power and beauty.

Vinciane et Christine, The Belles Sœurs Organisatrices.

To register: <https://www.weezevent.com/festival-du-feminin-bruxelles>

SATURDAY 13 JUNE

Doors open at 8.45

9.00+9.30: Opening ceremony by the Organizing Team (Meeting room on 1st floor)

A « RED TENT » will be organized by Caroline VON BIBIKOW on Saturday and Sunday morning (duration: 1h). Please pre-register as places are limited.

Charlotte BRUNET, Psycho-physical Therapist, will deliver every 30 minutes some "Massages-Minutes". Registration on site.

Dominique PIERRE, specialized in foot reflexology, will offer every, 30 minutes, sessions of « Reflexology-Minute ». Registration on site.

From 9.45 to 11AM

GROUND FLOOR / BE AN AUDACIOUS WOMAN – EXPLORE A NEW AREA OF POSSIBILITIES with Agnès DELPECH

FIRST FLOOR / AWAKEN THE SOFT POWER OF YOUR WOMB THANKS TO THE WUTAO TECHNIC with Delphine LHUILLIER

De 11.15 to 12.30

GROUND FLOOR / DARE TO BELIEVE IN YOURSELF AND OPEN UP TO HAPPINESS with Vinciane and Christine MASURE

FIRST FLOOR / PLAY AND LEARN HOW TO MANAGE YOUR EMOTIONS with Dr. Régine ZEKRI-HURSTEL

From 12h30 to 14h / Lunch break. Possibility to eat on site with the Tartes Française catering company. Delicious!

From 14h to 15.15

GROUND FLOOR / YOGA OF THE VOICE – PATH TO AWAKEN YOUR FEMININE NATURE with Annie Sarah PETIT

FIRST FLOOR / SACRED JOURNEY TO THE HEART OF FEMININTY with Nirmala GUSTAVE

From 15.30 to 16.45

GROUND FLOOR / WHAT OUR BODY DOES NOT TELL US: SEXUALITY – EMOTIONS – SPIRITUALITY with Maria VERHULST

FIRST FLOOR / AWAKEN YOUR KUNDALINI AND YOUR FEMININE TREASURES with Kristina DE CREM

From 16.45 to 17.15 / Get-together coffee/tea break, stands, library

From 17.15 to 18h30

GROUND FLOOR / CONFERENCE-GET TO KNOW THE WILD WOMAN IN YOU avec Anne Chantal MISSON

FIRST FLOOR/ CONNECT WITH YOUR INNER JOY TO CREATE YOUR LIFE PROJECT avec Anne-Sophie BUYSE

From 18h45 to 19h15 (First Floor)

« THE SACRED LINK » of FESTIVAL DU FEMININ followed by a big wave of positive energy

From 19h15 to 20h/ Get-together time. Possibility to buy a light snack on site. Celebration time (First Floor)

DIMANCHE 14 JUIN

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9.00+9.30: Opening ceremony by the Organizing Team (Meeting room – 1st floor)

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Charlotte BRUNET, Psycho-physical Therapist, will deliver every 30 minutes some « Massages-Minutes ». Registration on site.

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From 9.45 to 11h

GROUND FLOOR / BUDDING HEROINES – FROM ORDINARY LIFE TO LEGENDARY LIFE WITH A CARD GAME with Christine GATINEAU

FIRST FLOOR / CONFERENCE - IS BEING A MOTHER THAT EASY? with Martine JOUFFROY

From 11.15 to 12.30

GROUND FLOOR / LISTENING TO OUR SENSES TO DEEPLY CONNECT WITH OUR FEMININE BODY AND NATURE with Elisabetta LA COMMARE

FIRST FLOOR / ROUND TABLE : DARE TO JUMP IN AND LIVE HAPPILY OUT OF YOUR PASSION with avec Agnès DELPECH, Marion BENVENISTE, Catherine CIANCI, Delphine LHUILLIER Moderators : Vinciane et Christine MASURE

From 12.30 to 14h / From 12h30 to 14h / Lunch break. Possibility to eat on site with the Tartes Française catering company. Very tasty!

From 14h to 15.15

GROUND FLOOR / OLFATORY JOURNEY IN THE HEART OF YOUR FEMININITY with Catherine CIANCI

FIRST FLOOR / DIVINE SHAKTI WOMEN CIRCLE with Anne-Chantal MISSON

From 15.30 to 16.45

GROUND FLOOR / THE LOVE SPIRAL with Martine HANARD

FIRST FLOOR / PERINEUM, BODY-HEART-SOUL with Efféa AGUILERA

De 16h45 à 17h30

Time for sharing thoughts and emotions.

Closure of the Festival.

Registration: <https://www.weezevent.com/festival-du-feminin-bruxelles>

OUR PROFESSIONALS

Get to know our wonderful team of professionals with will offer you outstanding workshops, conferences and round tables. She will guide you in a perfect way towards the awakening of your Feminine nature.

SATURDAY 13 JUNE

9.00-9.30: Opening ceremony by the Organizing Team (Meeting room – 1st floor)

From 9.45 to 11h

GROUND FLOOR / BE AN AUDACIOUS WOMAN – EXPLORE A NEW AREA OF POSSIBILITIES with

Agnès DELPECH (France)

Immediate Boarding ! with Agnès Delpech.

Are your luggages ready? We are leaving for a journey. A journey in Life, in our Lives. Because she just discovered that our Feminine nature is intellectual and our Masculine is courageous, and because she is convinced that we all have this « little thing » within us, this power to Dare, this capacity to realize little and big projetscs, Agnes invites us to explore together the Qualities that we have to offer to the world.



Agnès DELPECH has had an unusual professional path to finally embark into the adventure of the Fesitval du Féminin. It's her personal path that lead us towards this Sisters Adventure. One day of March 2012, life took her to Paris to experiment her first Festival du Féminin. Today, she has created a Circle of dedicated Women who organize happenings and evenings of Associative Card Games©. She is organizing for the 3rd year in a row, the Festival du Féminin in the land of Men, in Dordogne (France). She is enjoying every single moment of sharing, discovery, meeting. sisterhood.

www.femininaupaysdelhomme.com/assolasourcedesfemmes@gmail.com

FIRST FLOOR / AWAKEN THE SOFT POWER OF YOUR WOMB THANKS TO THE WUTAO TEHCNIC with Delphine LHUILLIER (France)

Free your pelvis floor from any tension, rediscover the feeling of your pubo-pelvic floor and fill your womb up by building up your verticality, it's what offers the art of Wutao. The focus of this practice is on being centered, on liberating our breathing system, our movements, on having a fee flow of ours pine. This will allow us to awaken to our creativity, our intuition and our impulse of life. With this practice, the energy flows fluidly again and let us grasp our Femininity in a new way, in link with the universal Femininity. To embody a centered and sensitive woman. To get our soul connected to our body, to open up to ourselves and to the world.



Delphine LHUILLIER is ethnologist. In charge of the editorial line of Génération Tao, she took part to the creation of the Centre Tao in Paris and has initiated the creation of the Festival du Féminin. She is also a Wutao teacher and trainer and the author of the card game "Tribal Tarot" (edited by Le Souffle d'Or) and "Le féminin sans tabou" (edited by Eyrolles). www.tribal-tarot.fr / www.festivaldufeminin.com / www.wutao.fr

From 11.15 to 12.30

GROUND FLOOR / DARE TO BELIEVE IN YOURSELF AND OPEN UP TO HAPPINESS with Vinciane and Christine MASURE (Belgium-France)

"Believe in your dreams and they might become true; believe in yourself and they will surely become true". Anonymous.

Happiness and confidence are real and rooted in all women. Becoming conscious of our potential and capacity to be happy enables us to see life with a different perspective. With simple and practical daily methods, Christine & Vinciane will help you to feel more confident, to develop and cultivate your optimism in order for you to be fully happy.



Christine MASURE is certified Naturopath and holistic coach, certified ICF. She is helping women to overcome their fears and limiting beliefs to finally live the life they truly want. Furthermore, Christine is specialized in communication and marketing techniques for professionals of the well-being and personal development sector. Christine is also the co-organizer of the 1st Festival du Féminin in Brussels.



Vinciane MASURE is a communication expert for health professionals and specialist in internal relations management for organizations. Self-trained in positive psychology, she first started to apply its principles in her daily life. Today, she conveys and promotes positive thinking, which has changed the way she leads her life. Vinciane is also co-organizing the 1st Festival du Féminin in Brussels.

FIRST FLOOR / PLAY AND LEARN HOW TO MANAGE YOUR EMOTIONS with Dr. Régine ZEKRI-HURSTEL (France)

The game « impro-emotion », created by Dr Zekri-Hurstel, functional neurologist, helps women to manage their emotions by playing. Joy develops by playing which helps emotions to arise and be managed. Impro-Emotion is at the heart of the Festival to play with the enjoyment of the discovery.



Dr Régine ZEKRI-HURSTEL est fonctionnel neurologue et a écrit plusieurs livres sur divers thèmes tels que l'éducation des enfants avec une nouvelle façon de voir les garçons et les filles, ou "attitudes simples qui peuvent guérir", ou "les logiciels du corps", ou "temps de dégustation". En 2001, elle a gagné le 1^{er} prix international avec son alphabet sensoriel AZ. Dr. Zekri-Hurstel a contribué à la neurologie scientifique d'une nouvelle manière : fonctionnelle ; avec une nouvelle approche et une nouvelle dynamique. Elle a créé le jeu "Impro-Emotion"
www.dr-zekri-hurstel.com / www.az-sensoriel.com

GROUND FLOOR / YOGA OF THE VOICE – PATH TO AWAKEN YOUR FEMININE NATURE with Annie Sarah PETIT

The Sound, as a path to awake the Feminine nature.

In close link with our pelvic floor, come and experiment the pleasure to listen to your own voice, to play with it in interactivity with other women. Come and create a space full of joy, colors, vibrations, interactivity by using vowels or by combining several consonants to create unique and surprising melodies. No need to know how to sing to participate. If one day someone told you that you don't sing correctly, this workshop is for you so that you can destroy once and for all this limiting belief!



Annie-Sarah PETIT'S personal path took us from Hatha Yoga, that she is teaching since more than 15 years to Yoga of the Voice. Her need to express herself with sounds has arisen thanks to a personal and regular work in Psychophony and in several sound-therapies. She is offering sessions to discover your voice in groups or individually.

FIRST FLOOR / SACRED JOURNEY TO THE HEART OF FEMININTY with Nirmala GUSTAVE (India-France)

Honor and celebrate your feminine energy. Wonder Woman, you know it? Most probably!

Being yourself to do everything in your life: at work, at home, with your loved one, your children, and your elderly. What a challenge! Finding a balance which allows fulfillment as a woman, identifying what we really want and simply embodying the woman we really want to be can result from reflecting on our life experiences, our wounds and our joyful moments. Nirmala is offering you a workshop about your identity as a woman and the memory carried by your body to become the co-creator of your life.



Nirmala GUSTAVE is a writer, a Reiki instructor, a relaxation therapist and a sophrologist, trained in Humanist Health. She was born in Pondichery (India) and lives now in France. For more than 20 years, she takes part in the associations dealing with women's issues. Nirmala puts her experiences and thoughts on transmission through generations in the service of women's transformation. She is the author of the initiatory novel « Et Mandakini devint Femme » (éd. Les Éditions du Net 2014) which deals with the pleasure to be a woman and Indian rituals (periods, giving birth, menopause). She also wrote the audio-book « Bébé Lumière » (éd. Le Souffle d'Or 2011), which is a series of guided relaxations to welcome consciously your baby.

www.hymnealafemme.com www.terredeserenite.fr

GROUND FLOOR / WHAT OUR BODY DOES NOT TELL US: SEXUALITY – EMOTIONS – SPIRITUALITY with Maria VERHULST (Belgium)

By identifying our beliefs and giving sense to our life experiences, we can transform and have a better daily life in line with our vision of the world. We can then transform our essence in pure conscious by doing the next step: connect with our body, our heart, and our soul, which, every day, guides us on the path of wisdom...we just have to understand its language!



Maria VERHULST offers an initiative cycle for women based on historical rituals. Trained in mediumnic transe, in healing techniques and chamanic dances, she is the director of the Biodanza SRT school in Soignes (Belgium), the co-creator of the training in Transformative ritual, and the creator of "Transformative conscious path with Biodanza". She is therapist, specialist in psychopathology and trained in theatre-therapy and hypnosis; she is also NLP Master.

www.centre77.org / info@centre77.org

FIRST FLOOR / AWAKEN YOUR KUNDALINI AND YOUR FEMININE TREASURES with Kristina DE CREM (Belgium)

By using our full potential of physical, mental and spiritual potential which are within us, Kristina enables us to fill fulfilled and in harmony with our feminine essence. Kristina De Crem will offer you a Kriya "Woman' set". It deals with exercises which are beneficial for our spine, our internal organs and our nervous system. This kriya works on all feminine organs and releases all tensions and stress piled up on the ovaries and on the woman's womb. This exercise will bring you beauty, light and gracefulness.



Kristina DE CREM has always been interested by Beauty, Grace, Dance, and has a strong link with the Nature and its medicinal plants. Yoga came into her life naturally and its regular practice has allowed her to awaken her soul to her femininity. Kristina gives yoga classes every week in Rhode-st-Genèse and Clabecq in Belgium as well as detox workshop and shiatsu treatments.

From 17.15 to 18.30

GROUND FLOOR / CONFERENCE-GET TO KNOW THE WILD WOMAN IN YOU avec Anne Chantal MISSON (Belgium)

The way from the Heroin to the Dark Femininity for all women who are tired to live half of their life.

Embrace our wild and drark part of ourselves gives us access to manifest our feminine power of creativity, from within. This conference will be an initiative journey to meet with our Dark Goddess. We will follow the poem of "Inanna Way Down" as a road map. You will come back to the surface by having finding back some lost part of yourselves.



Anne-Chantal MISSON studies Feminity to help women connect with their vibrant, powerful, sweet and sacred nature. Psycho-physical therapist (individuals and couples), Anne-Chantal takes actively part to the creation of a new culture of counsious and responsible women. Followin the pinciples of the Brennan Healing Science, she is practicing healing treatments. Anne Chantal practice Uterus Blessings according to the Miranda Gray method. She creates and animates Women Circles, workshops and initiatic trips. www.annechantalmisson.com

FIRST FLOOR /CONNECT WITH YOUR INNER JOY TO CREATE YOUR LIFE PROJECT avec Anne-Sophie BUYSE (Belgium)

Live ... feeling deeply happy in the daily life will be the main theme of this workshop's first part. After an exercice to feel centered and calm, Anne-Sophie Buyse will share her experiences and will lead you along the path of Happiness to finally integrate the principle of "Living our own happiness to fill ourselves up with the creative energy necessary for our life project". The workshop' second part will allow us to realize our map of our life projects and desires.



Anne-Sophie BUYSE is a therapist specialised in human relations trained in Non Directive Creative Approach of Colette Portelance (Canada). She is passionate and enthousiast to bring this approach into Europe. Respectful, talentuous and simple, Anne-Sophie helps people with her expertise to invest in and succeed with their relationships thanks to authentic communication. Concerned to find balance between the physical, emotional and spiritual dimensions, she is also trained in Vital Harmony as part of her certification in Sophrology.

Doors opening at 08.45

9.00-9.30: Opening Ceremony by the Organizers (Meeting Room - First Floor)

From 9.45 to 11h

GROUND FLOOR / BUDDING HEROINES - FROM ORDINARY LIFE TO LEGENDARY LIFE WITH A CARD GAME with Christine GATINEAU (France)

We all have budding heroines within us! Our personal history leads us to develop in a more or less conscious way resources and strategies to overcome challenges, implement projects and also simply find our path in our daily life as women. Do you really know your own resources and strategies? The Associative Cards are tools to explore your inner resources which leads you to be creative, communicative and emotionally intelligent. Come and enjoy the game!



Christine GATINEAU is specialist in games and tools for self-knowledge and development. She has been Marketing Manager aux Souffle D'Or Editions for 13 years. She has collaborated with Moritz Egetmeyer, the editor of the Associative Cards and she is also a certified trainer of the Transformative Game. Within the ephyr Ludens association, she offers workshops, individual coaching sessions and seminars. She is also Wutao teacher and community manager for the Festival du Féminin. www.festivaldufeminin.com / www.zephyr-ludens.com

FIRST FLOOR / CONFERENCE - IS BEING A MOTHER THAT EASY? with Martine JOUFFROY (Belgium)

Is it so easy to be a mother? The course to fertility, pregnancy pains, after-birth depression. Come and talk to us about it.

Pregnancy is a state of being and also a place to give birth. Psychic pregnancy is not so well-known and means the capacity to welcome the baby by convey to him/her family heritage and this is not easy. A French medecin, Jean Marie Delassus, has founded the first unit in maternology in Paris in 1995 and is also the author of Sense of Maternity.



Martine JOUFFROY is a Gestalt psychotherapist and maternologist since 2008 in Brussels and has also an office in Lille, France. Martine assists women and couples regarding parenthood and fertility issues. After five years of studies in psychotherapy, Martine has started a second cycle of studies in the Gestalt Centre of Montreal and has completed her training with a certificate in Maternology in 2011 in France to help mothers and couples with issues like parenthood and maternity. Martine is now finishing a 3rd cycle in body oriented psychotherapy. Her consultations are in French and in English. www.martinevaltonjouffroy.com

From 11.15 to 12.30

GROUND FLOOR / LISTENING TO OUR SENSES TO DEEPLY CONNECT WITH OUR FEMININE BODY AND NATURE with Elisabetta LA COMMARE (Italy -Belgium)

Come and discover the ayurvedic auto-massage which is a privileged moment in connection with yourself, a habit to be conscious and healthy. This massage is normally done in mornings followed by a shower. Once integrated into the daily life, this habit can take no more than five minutes and is very practical. It stimulates the nervous, immune and lymphatic system. It helps to relax and improve the skin quality. It gives a real feeling of deep well-being and comfort.



Elisabetta LA COMMARE has always been passionate about traveling, discovering others and new cultures. Discovering taoist meditation has been the starting point of a long journey towards a training in Shiatsu and sitting massages with also energetic healing treatments. She is also trained in aromatherapy and ayurveda, ancestral science from India.

FIRST FLOOR / ROUND TABLE : DARE TO JUMP IN AND LIVE HAPPILY OUT OF YOUR PASSION with avec Agnès DELPECH, Marion BENVENISTE, Catherine CIANCI, Delphine LHUILLIER Moderators : Vinciane et Christine MASURE



Agnès DELPECH has had an unusual professional path to finally embark into the adventure of the Festival du Féminin. It's her personal path that lead us towards this Sisters Adventure. One day of March 2012, life took her to Paris to experiment her first Festival du Féminin. Today, she has created a Circle of dedicated Women who organize happenings and evenings of Associative Card Games©. She is organizing for the 3rd year in a row, the Festival du Féminin in the land of Men, in Dordogne (France). She is enjoying every single moment of sharing, discovery, meeting. sisterhood.

www.femininaupaysdelhomme.com/assolasourcedesfemmes@gmail.com



From marketing to finance, from the French metropole to Corsica, **Marion BENVENISTE** has had an audacious life journey. With the creation of KINOV in 2011, she offers a space which "beautiful and good for you". Meaning in at the heart of Marion's preoccupations: nutrition, cosmetics, selection of good products, workshops, every time a new occasion to open up the biological universe to a bigger audience. www.kinov.fr



Catherine CIANCI has creating Terre d'Arroma in combining two passions : travelling and essential oils. In 2010, Catherine starts a world journey of aromatherapy. When she is back, she develops a unique concept where she combines essential oils and different services: aromacoaching (individuals and workshops), conferences, guided trips, and creation olfative signature for companies and events. She wishes to open up the universe of essential oils to a bigger audience. She also wants to connect local producers with the customers. www.terredaroma.com



Delphine LHUILLIER is ethnologist. In charge of the editorial line of Génération Tao, she took part to the creation of the Centre Tao in Paris and has initiated the creation of the Festival du Féminin. She is also a Wutao teacher and trainer and the author of the card game "Tribal Tarot" (edited by Le Souffle d'Or) and "Le féminin sans tabou" (edited by Eyrolles). www.tribal-tarot.fr / www.festivaldufeminin.com / www.wutao.fr

From 14h to 15.15

GROUND FLOOR / OLFATORY JOURNEY IN THE HEART OF YOUR FEMININITY with Catherine CIANCI (Belgium)

To be completed.



Catherine CIANCI has creating Terre d'Arroma in combining two passions : travelling and essential oils. In 2010, Catherine starts a world journey of aromatherapy. When she is back, she develops a unique concept where she combines essential oils and different services: aromacoaching (individuals and workshops), conferences, guided trips, band creation olfative signature for companies and events. She wishes to open up the universe of essential oils to a bigger audience. She also wants to connect local producers with the customers. www.terredaroma.com

FIRST FLOOR / DIVINE SHAKTI WOMEN CIRCLE with Anne-Chantal MISSON (Belgium)

Welcome into the Fluid Temple of the Divine Feminine....Exercises and initiatory practices to open up to our true nature, to the inner source of Woman's wisdom and beauty. To celebrate ourselves together. Meditation, mantras, danses, mouvement, massages, sharing. Mmmm...



Anne-Chantal MISSON studies Fertility to help women connect with their vibrant, powerful, sweet and sacred nature. Psycho-physical therapist (individuals and couples), Anne-Chantal takes actively part to the creation of a new culture of conscious and responsible women. Following the principles of the Brennan Healing Science, she is practicing healing treatments. Anne Chantal practice Uterus Blessings according to the Miranda Gray method. She creates and animates Women Circles, workshops and initiatic trips. www.annechantalmisson.com

From 15.30 to 16.45

GROUND FLOOR / THE LOVE SPIRAL with Martine HANARD (Belgium)

This spiral represents the unconscious love and the embodied one (conscious). The "Medial Woman" is within us and the Woman linked to the Live Cycles: the cycle of the body, of the heart. The Medial Woman stays on her feet and goes from the visible to the invisible world, the day and the night. She has her feet on Earth and her soul connected to the Universe. She is fusional and independent at the same time, revolted and awoken, cyclic and medial. After a time for meditation, we will explore the 7 stages of the love spiral and end with a time to share emotions and thoughts.



Martine HANARD is psychoanalyst, specialist in Jung theory and Moon Mother. The psyche and the soul of women have their cycles and their seasons: quest/relaxation, activity/quietness, involvement/loneliness, creation/gestation, belonging to the world and return to the soul...Since 1994, Martine proposes and conveys Initiative Cycles for women. Her leading principle is "the sensual, emotional and spiritual fulfillment of Women in the axis of the womb-Heart-Spirit".

FIRST FLOOR / PERINEUM, BODY-HEART-SOUL with Efféa AGUILERA (France)

Invitation to an inner journey in a women circle, to meet with our perineum in a different way, a real submersion into our body, heart and conscience. As always in her workshops and trainings, Efféa associates applied anatomy with conscious movement, the Sensitive Dance, and the sacred dance in circle. She makes us travel through our inner Temple, in the conscious of our connection to our strength, mobility, vitality and quietness.



Efféa AGUILERA is body oriented therapist, dance therapist in Sensitive Expression, choreograph of sacred dances and advanced Moon Mother. Specialised in anatomy and applied physiology, she has created an approach to the perineum which goes through the body in connection with the Earth, the heart and in relation with other women, with a spiritual dimension. Efféa has more 30 years of experience with the approach Body-Heart-Conscience. She is sharing initiatory ways to spiritual and physical development since her childhood and her knowledge of the sacred sexuality.

BONUSES AND SURPRISES OF THE WEEKEND

The Red Tents

This privileged space, the **Red Tent**, enables you to speak freely, to heal, to share, to authorize and to rely to this essential femininity which is so often lacking in our daily life. By celebrating initiatory rituals, the Red Tente offers to women a moment to honor in full conscious the main moments in a woman's life : first period, first sexual experiences, maternity (Mother's blessing), marriage, mourning, menopause. During each of those transitions, there is at the same time a mourning and a rebirth to allow us to continue walking on the path of life.



Caroline VON BIBIKOW is Communicolog & Moon Mother. Dealing with the relation we have with ourselves and with others, her work addresses women naturally to make them aware and capture from within the sacred femininity. Furthermore, she is accompanying individuals, families and couples in relationships therapies, using communication pedagogy and tools.

Massages and Minute Treatments

Charlotte BRUNET will offer you **Minute Massages** to deeply relax you and to enable you to re-connect with yourselves.



Charlotte BRUNET is a professional kinésiolog, certified from the Belgium Institute of Kinesiology since 2002. Her training has increased her knowledge of the human body in its wholeness: physical, psychic and energetic. Charlotte is also trained to do back massages and oil massages, in foot reflexology and in craneo-massages and massages for babies. Her different approaches nourish her daily practice which is good for babies, children, teenagers and adults.

* * *

Dominique Pierre proposes you **Discovery Sessions of Reflexology** to feel you energy centres and your meridians. You will be able to align your emotions with your energy and feel completely connected and relaxed.



Dominique PIERRE has been trained in massage, coaching and foot reflexology. These different approaches complement each other and allow Dominique to have a larger and more complete vision of the human being in his/her 4 indivisible aspects: physical, mental, emotional, and spiritual.

Registration: <https://www.weezevent.com/festival-du-feminin-bruxelles>



The EXPERIENCE OF THE FESTIVAL du FÉMININ

A transformative journey by women for women

« Like a wave, a breath, each woman is driven by the desire to dare looking at her dark and bright sides, to heal from her wounds, to reinvent herself and the world. Each woman brings her own uniqueness in a large tribe of women to share a great moment of inner channeling and celebration.

The cofunding team

The contemporary woman thrives for deeper meaning and freedom. Embodying the sweet alchemy between the Yin and the Yang, she desires to dance between these two poles of energy and participates to the re-definition of the world. She is in search of herself and of her place in the society. She is confronting and she confronts herself to all sorts of taboos: her femininity, her pleasure, her creativity, and her fulfillment.

Since March 2012, the adventure of the Festival du Féminin answers to these aspirations by creating friendship, meetups, and experiences thanks to its epiphenomena. Entirely dedicated to women and organized by women, practical workshops take place during two to three days to fully experiment our connection to our body and to the world, our vulnerability, our chaordic hamon.

What made the Festival possible?

The Festival du Féminin has been created in Paris by the Team of Centre Tao in Paris in March 2012. The first edition was so successful and appreciated by many women that the team decided to create the “Epiphenomena”; a Charta has been created as well to respect the soul and the “magical recipe” of the Festival. The name is protected by the I’NPI. The funding team is therefore in charge to support the organizers of the Epiphenomena with its know-how experience and its network. Agnès Delpech(2), in Dordogne, was the first one to dare engage in this adventure. And soon after, the Festival crossed over continents to land into Quebec at the International School of the Sacred Feminine (3). Thus several Festivals are flourishing all around the world with the same enthusiasm and spontaneity, with a sensitive, generous and engaged impulse from the heart.

The funding team is at the same time the angel guardians and the coordinators of the Festival du Féminin. Supported by the organizers of the Epiphenomena, the team helps the Festival resonate and shine so as to pass down to future generations the understanding of the Feminine diversity and richness.

(1) Delphine Lhuillier, Cécile Bercegeay, Christine Gatineau, Marie Delaneau et Sandrine Toutard : www.centre-tao-paris.com

(2) www.femininaupaysdelhomme.com

(3) <http://femininsacre.com>

THE RENDEZ-VOUS of the EIPHENOMENA



The agenda follows the chronological order of creations of the Festival du Féminin and its Epiphenomena:

PARIS: March 7th -8th -9th, 2015 and June 6th -7th, 2015
Centre Tao Paris / Delphine Lhuillier, Cécile Bercegeay and Christine Gatineau
www.centre-tao-paris.com / delphine@centre-tao-paris.com

SIORAC: October 16th -17th -18th, 2015
« La Source des femmes » / Agnès Delpech
Contact: festival24lasourcedesfemmes@gmail.com / www.femininaupaysdelhomme.com

MONTRÉAL: October 2nd -3th - 4th, 2015
École Internationale du Féminin Sacré / Sylvie Bérubé and Nathalie Picard
Contact: info@femininsacre.com / <http://femininsacre.com>

TOURAINÉ: April 8th -9th, 2015
« Rayonner au féminin » / Isabelle Léger
Contact : rayonneraufeminin@gmail.com / www.rayonneraufeminin.org

BRUXELLES (Bilingual French / English): June-13th-14th, 2015
« The belles sœurs » / Christine and Vinciane Masure
Contact: thebelles.sœurs@gmail.com

GUADELOUPE: December 4th -5th -6th, 2015 (Date planned in Martinique in December, 2016)
« Mareva » / Valérie Scala
Contact : v.scala@wanadoo.fr / www.equilibre.me

ARIZONA: from September 23rd till October 1st, 2015
« HO Rites de passage » in partnership with the Festival du féminin
Contact: delphine@centre-tao-paris.com / www.horites.com

RENNES: February 5th-6th-7th, 2016
« Une Terre, des Femmes » / Yveline Héront Baubau
Contact: uneterredesfemmes@gmail.com / www.uneterredesfemmes.fr

BANGKOK: march 18th -19th -20th, 2016
Sylvie Baradel
Contact: sylviebaradel@yahoo.fr

VOSGES may 2016 (date to specify) Julie Gille
Contact: contact@sophro88.com

AUROVILLE: February 17th -18th -19th, 2017
Loli Laurence Viillard and Nirmala Gustave
Contact: vanakkam.shakti@gmail.com

BOGOTA in 2017 (date to specify) Maria Cristina Olivares
Contact: crisoli774@yahoo.fr

FOLLOW ALL THE RENDEZ-VOUS OF THE
FESTIVAL DU FÉMININ AND ITS NEWS
and JOIN US ON:

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<https://www.facebook.com/festivaldufeminin?fref=ts>

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ACTORS OF THE FESTIVAL DU FÉMININ



FESTIVAL
du FÉMININ®
les épiphénomènes



COFOUNDERS

of the Festival du Féminin
& coordinators of the

Epiphénomènes Christine GATINEAU,
Delphine LHUILLIER Cécile BERCEGEAY
& le Centre Tao Paris



ŒUFS DESIGNER

Imanou
Creator of the logos and
posters – Cofounder of Centre
Tao Paris



SIORAC

Agnès
DELPECH & « La source des
femmes »



MONTREAL

Sylvie BÉRUBÉ et Nathalie
PICARD

& l'École Internationale du Féminin Sacré



TOURAINÉ

Isabelle LÉGER
& « Rayonner au féminin »



BRUXELLES

Christine & Vinciane MASURE
Thebelles sœurs

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GUADELOUPE

Valérie SCALA
et « MAREVA »



RENNES

Yveline HÉRONT BAUBAU
& « Une Terre, des Femmes »



BANGKOK Sylvie
(Thaïlande) BARADEL



VOSGES
Julie GILLE



AUROVILLE (Inde)
Laurence Loli VIALARD & Nirmala GUSTAVE



BOGOTA (Colombie)
Maria Cristina OLIVARES



ARIZONA
Paule LEBRUN, Dominique OWEN
& HO Rites de passage, partners
of Festival du féminin

TICKET INFO & PRICES

Special offer if you book before may 15th included

Two-day pass: **€ 130** (instead of € 150)

Day ticket / Saturday: **€ 95**

Day ticket / Sunday: **€ 75**

Two-day pass: **€ 150**

Registration "Red Tent": **€ 8** (registration required – limited places available).

Lunch on site: **€ 8** per person

To register:

<https://www.weezevent.com/festival-du-feminin-bruxelles>



The « Festival du féminin » supports the humanitarian projects of the **Tibetain Pavilion of Auroville** (India). A donation will go to projects which improve the future of Tibetan orphans suffering from the political system in Tibet. Kalsang Dolma Namgyal, an amazing and wise woman, is dealing single handedly with those projects. Every year, with an incredible and feminine energy, our dear Kalsang helps many children to spend their summer with loving and affectionate families.

We kindly remind you that only women can register to the Festival.

Christine & Vinciane Masure, under the auspices of the Festival du Féminin® present the 1st edition of the Festival in BRUSSELS



The Festival du Féminin® was created in March 2012 by the Centre Tao in Paris. All the epiphenomena of the Festival are coordinated by the team of the Centre Tao Paris.

www.festivaldufeminin.com

PARTENAIRES DU FESTIVAL À BRUXELLES



www.femininbio.com



www.souffledor.fr



www.revedefemmes.net



www.happinez.fr



<http://sacredlink.blogspot.in>



www.horites.com



www.generation-tao.com



www.editions-tredaniel.com



www.doulas.info



www.meditationfrance.com



www.inrees.com



www.grett.org



www.terredaroma.com



www.kinov.fr



<http://femininsacre.com>

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